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Sandgate

GUIDE

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SHORNCLIFFE'S
'SCOOTING
STAR

TEY'S INSPIRING STORY

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FROM THE EDITOR

As we enter March, I have to wonder where this year is going! Being the start of Autumn, hopefully we will see the weather cooling down as well so a perfect time to get into the garden.

This month in the Sandgate Guide, there are some great stories on local entertainment as well as community events happening in and around the 4017.

I am soooo excited to be able to bring to you our Inaugural 4017 Story Writing Competition! You will find all the details on page 8. This competition is for our senior high school students and I can't wait to see what they write about.

In some more news, I have created my first Podcast! My aim is to give you a few highlights for the month plus interviews with members of the community, all in a quick easy to access format.

Scan the QR code below and have a listen while commuting, doing the house work or walking the dogs. Let me know what you think!

You can also catch me live on 99.7 Bridge FM Sunday 5 March after 7pm when Suzy and Johnny from It Takes Two and I chat about what's happening around town!

Until next month, happy reading - and listening!
Jodie



Contents

- 14 BAREFOOT BOWLS IS BACK!**
Sandgate Bowls Club is bringing back Friday afternoon Barefoot Bowls.
- 26 BOOTSCOOTIN' CHARITY CHALLENGE**
One of Shorncliffe's own gals recently took her passion for boot scootin' into country towns around Australia.
- 42 TEY'S INSPIRING STORY**
Meet Tey, the seven-year-old Shorncliffe State School student with her own cosmetics business.
- 44 MEET SANDGATE'S CENTENARIAN**
Regis Sandgate resident Mary Campbell will be celebrating her 100th birthday in style this month.
- 62 DINING GUIDE**
- 70 NEW! WHAT'S ON MARCH Gigs & Events**
- 79 TRADES AND SERVICES**

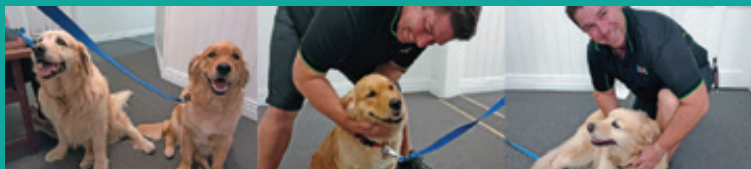
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Giuseppe Zangari (guitar, left),
Jane Rutter (flute, middle), Marcello
Maio (accordion and piano, right).

APRIL:

On April 1, Swoon Italia Sandgate 2023 brings Virtuosi instrumentalists Jane Rutter, Giuseppe Zangari, and Marcello Maio together to celebrate the music of Italy in a concert designed to make the heart sing and uplift the spirits.

As an internationally-acclaimed flutist, beloved by Australia and knighted by France, Ms Rutter's star power has delighted local audiences over the years. And what a delight to have her back.

STORY **DONNA PHILLIPS**

MARCH: A feast of 'Desert Blues' is heading our way when Vieux Farka Tourie Trio (Mali) performs on March 8. Elton John has applauded the trio's latest release saying it's one of the albums of the year. And The Independent (UK) adds that every now and then, if you're lucky, you get to witness a live performance that blows everything else away. Hope to see you there!

Marchetti - Fascination
Vieux Farka Tourie Trio (Mali)
Sandgate Town Hall
Saturday, March 4, 7.30pm

Swoon Italia Sandgate 2023
Sandgate Town Hall
Saturday, April 1, 7.30pm

Bookings: www.musicbythesea.com.au

She's in good company as Zangari is one of Australia's finest guitarists. He is founder and director of The Sydney Guitar School. As is Mali, performing with accordion and piano, an esteemed soloist, composer and musical director.

The trio will play a selection of gorgeous Italian pieces, arias and dances by Italian master composers Verdi, Giuliani, Pergolesi, Albinoni, Monteverdi, Vivaldi, Sor, Scarlatti, Rossini and others.

Here are a few favourites that could be included in the Programme. They're familiar, just like family, and bring warmth and good cheer.

Caccini - Ave Maria
Van Morrison - Moondance
Rossini - Overture from William Tell for solo accordion
Tchaikovsky - Waltz of the Flowers from The Nutcracker Suite

You may end up clapping your hands, or even singing along. So ... as the Italians say ... "Dai, godiamoci la festa", or as we Aussies say ... "Come on. Let's enjoy the party."

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4017 INAUGURAL STORY WRITING COMPETITION

Random Acts of Kindness

Get ready senior school students because the Sandgate Guide in conjunction with Cr Jared Cassidy are excited to announce the Inaugural 4017 Story Writing Competition!

The competition is open to all 4017 senior high school students, whether you attend a school locally or out of the 4017.

There is a \$250 cash prize for the winner plus other goodies. Two runner ups will also receive prizes. PLUS, all three finalists will have their stories published in the Sandgate Guide and prizes awarded at an afternoon tea in the Sandgate Town Hall, where the stories will be read out.

All the essential details are below, so get your pens (or laptops) ready and Good Luck!

The theme for our first ever Story Writing Competition is: Random Acts of Kindness - Teens Making a Difference

The word count is 350-400 words. Your story will be a nonfiction writing piece about a time when you did a simple (or not so simple) act of kindness that made a difference. Or you witnessed a friend or family member do a simple act of kindness.

Acts that make a difference can be big or small BUT all have an impact.

Sandgate

GUIDE



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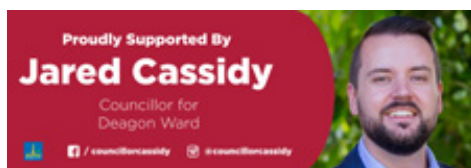
You must be in Year 10, 11 or 12
You must live locally (Sandgate, Brighton, Shorncliffe, Bracken Ridge, Deagon, Boondall)
Story must be non-fiction
Story must be between 350-400 words
Entries open: 01 March 23
Entries close: 30 April 23
No inappropriate content
It doesn't matter how big or small the act of kindness is, we want to hear about it!

3 Finalists announced 8 May 2023
Awards ceremony 15 May 3.30pm - 4.30pm @ Sandgate Town Hall, attended by Jodie Morphett, publisher of the Sandgate Guide, Cr Jarrod Cassidy and the finalists family, friends and school representatives.
Afternoon tea will be provided

TO SUBMIT

Email your entry with all contact details to jodie@3bmedia.com.au

Entries will be judged by Jodie Morphett, & Cr Jared Cassidy





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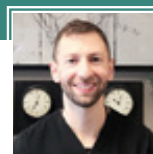
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by PAUL NEIL



If you have an event that you think is worth a photo, call me on 0449 660 473



Kath, Glen Phoenix and Ben make a formidable team on the Australia Day at the Bowlo '4017 Kings and Queens of Green' barefoot bowls competition.



Singer songwriters, Linda and Dublin perform live and unplugged in front of an appreciative crowd of friends and family in their first lounge room concert at home in Sandgate.



Geordie and Carmen are all dressed up and ready for the St Patrick's College, Shorncliffe Year 12 Formal at Sofitel Brisbane Central



Rayan and his Dad Marwan, are now two of Australia's newest citizens after they 'took the pledge' at the Citizenship Ceremony at Sandgate Town Hall.

Sandgate Easter Art Show 2023

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Thursday 6th April
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Opening Night

Friday 7th April
9:00am - 5:00pm

Saturday 8th April
9:00am - 4:00pm

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Best of Show, 2022.
'It's an Orchestra of Angels'. Karen Roberts, 3D



Open 2D First Prize, 2022
Tania Geyer, 'I Watch You Go'

SasArt would like to thank our sponsors of this event, and encourage visitors to support our local partners.

A WORD FROM OUR REPRESENTATIVES

Following consultation with residents I am pleased our local area is getting some much-needed playground upgrades. Peebo and



WITH **CR JARED CASSIDY**

Dagwood Place now has a shade sail over the playground. Frank Sleeman Park and O'Callaghan Park at Zillmere will receive an exciting upgrade to their playgrounds this financial year.

Every year thousands of Australians take part in Clean Up Australia Day, helping to clean up our local parks,

streets, beaches and bushland, and conserve our environment. I encourage the community to roll up their sleeves on Sunday March 5 and participate in one of the many registered local clean up sites. *For more information on how you can get involved, visit the official Clean Up Australia Day website for details - www.cleanupaustraliaday.org.au*

Funding Finder allows local community groups, businesses and individuals to undertake free searches for grant and funding programs. Access is via Council's website by selecting the 'Funding Finder' link on the grants, awards and sponsorships page. The Funding Finder (GrantGuru) database captures, summarises and categorises all forms of funding programs opening and closing across Australia.

Congratulations to all 2023 school leaders. It has been wonderful to attend Leadership Inductions over February and meet the senior cohorts. Our future is in great hands.



WITH **CR SANDY LANDERS**

Clean Up Australia Day 2023 is on Sunday 5 March. From 8.00 am we will be cleaning up Cabbage Tree Creek Bikeway, Carseldine. If you can spare an hour to help, please meet me near the carpark at the end of Plaza Place, Carseldine. (Opposite Rockpool Residential Aged Care). To register please go to www.cleanupaustraliaday.org.au/fundraisers/

This month we celebrate Queensland Women's Week from 5-12 March, with International Women's Day on Wednesday 8 March.



WITH **STIRLING HINCHLIFFE MP**

International Women's Day is an opportunity to celebrate the women in our lives as well as being a chance to recognise and address the bias, stereotypes and discrimination women often experience in their day to day. This year the theme for Queensland Women's Week 2023 is 'Empower her voice;

secure her future'. The theme is a celebration of women and girls who have stood up to be heard and acknowledges the fundamental right of every woman and girl to equally participate and be safe in all areas of our society including education, the economy and workforce, politics and, importantly, at home. *For more information on Queensland Women's Week events, visit: www.justice.qld.gov.au/about-us/services/women-violence-prevention/calendar*

In March we also celebrate Harmony Week. From 20-26 March, Australians are encouraged to wear orange to celebrate our cultural diversity.

The Sandgate Electorate is an amazingly diverse community with 29% of people born overseas; This emphasises the importance of Harmony Week locally. *To check out local events or to register your Harmony Day Event, visit: <https://www.harmony.gov.au/>.*

sandylanders/carseldine or contact my office on 3667 6000.

The Lord Mayor's Better Suburbs Grants program supports not-for-profit community organisations to deliver projects and activities across the city and to maintain, improve and develop community facilities. The Community Support Category offers grant funding up to \$10,000. Go to Brisbane.qld.gov.au to see if your community group is eligible.

In collaboration with Magic Ant and the Bracken Ridge Central Lions Club, I am proud to support Harmony Week 2023. On Sunday March 26 join us at the Bracken Ridge Lions Train Day in McPherson Park and celebrate how all our differences make Australia a great place to live!



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Round 8 of the Federal Government's Stronger Communities Programme (SCP) is now open to Expressions of Interest (EOI) from local groups across the Federal Electorate of Lilley.



WITH **ANIKA WELLS MP**

Community groups seeking funding to deliver capital projects that provide social benefits to the wider community are invited to complete and return an SCP Expression of Interest form, which is available through the Lilley electorate office.

Grant amounts range from \$2,500 to \$20,000 and the project must be scheduled to finish by 31 December 2023.

Examples of eligible SCP projects include (but are not limited to) upgrades or fitouts of community centres, sporting facility upgrades or fitouts, kitchen upgrades, purchase of equipment, upgrade of park furniture, community BBQs, bike paths, streetscapes and community gardens.

Round 8 of the Stronger Communities Programme will provide grant funding up to 100 per cent of eligible project costs.

The deadline for expressions of interest is 3 March, 2023 at 5.00pm.

After all Expressions of Interest have been finalised, a community consultation panel will conduct a preliminary assessment of proposals before applicants will be invited to lodge formal applications online.

Please contact my office for further details on 3266 8244 or email Anika.Wells.MP@aph.gov.au

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CALL FOR COUNCIL TO FUND "THE BASICS"

STORY **BROOKE JACOBSON**

Deagon Ward Councillor Jared Cassidy is calling for a "back to basics" approach from Brisbane City Council in the lead up to this year's Budget.

Cr Cassidy has been conducting a survey asking residents what they would like to see happen in Sandgate, Deagon, and beyond.

"Since the floods in February 2022, drainage has been a major issue that has been raised with me many times," Cr Cassidy said.

"In many cases, there's been a lack of simple repairs and maintenance – small upgrades that could really help our suburbs."

He added footpath restoration and upkeep was also high on residents' wish list.

"People are not asking for big, flashy things – these are the things that people expect councils to do," Cr Cassidy said.

Some of the big-ticket funding items Cr Cassidy will be asking for include the implementation of the O'Callaghan Park masterplan, as well as "long overdue" rehabilitation of the Einbunpin Lagoon.

"The Einbunpin Lagoon upgrade is something we have been talking about for a long time," he said. "The planning for that has been done, it's there ready to go, we just need about \$3 million in funding."

"Also, we'd like to see the O'Callaghan Park masterplan go ahead – there's a weightlifting club there that sends people to the Olympics, there's soccer there, as well as AFL and NRL, and PCYC activities."

"The clubs there do the best they can with what they have, but we have a fully developed plan that has been ready to go for about five years."

"We've been promised a generational legacy for our suburbs from the Brisbane Olympics, and I would hope O'Callaghan Park would be part of that."

Cr Cassidy said he would be making his Budget submissions later this year.

"I think by and large people are happy to pay their rates, as long as they can see they're getting something in return," he said.

Barefoot Bowls is back!

STORY **JULIA LEWIS**

Pack your bowling bag, but leave your shoes at home, because Sandgate Bowls Club is bringing back Friday afternoon Barefoot Bowls.

The much-loved pastime has been organised by Four57 Incorporated, a Sandgate based not for profit organisation that focuses on creating connections through great community events.

With the aim of bringing people together, the organisation aspires to create environments which are family friendly, affordable and above all - fun.

President of Four57 Inc Association, Chris Ferguson, said that Barefoot Bowls is the perfect family activity.

"We are working with the Sandgate Bowls Club to reactivate Barefoot Bowls as we see it as a great fit with our mission and goals," Chris said.

"We have this wonderful iconic venue The Sandgate Bowls Club right in the middle of town. It's the perfect place to celebrate the end of the week and an even better place to start the weekend."

Barefoot bowls and other functions have been put on hold whilst the Club has undergone major works to ensure the venue is disability friendly. During this time, the barefoot rink has been rejuvenated and is ready for action.

"Bowls clubs are at the heart of every community, with the Sandgate Bowls Club being the equal third oldest in Qld, with a long history of being a great community hub where people of all backgrounds come together to enjoy their sport or for that special celebration," Chris said.

To book Barefoot Bowls, email events@sandgatebowlsclub.com.au. Or simply turn up and the organisers will do their best to fit you in.

**Cost is \$10 per person for a 90-minute session.
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BACK WITH A BANG

STORY **PATRICIA HIGGINS**

Celebrating our azure aquatic surroundings has been a tradition on the Peninsula since the first Bluewater Festival in 1997, coinciding with the Gladstone Ports Corporation's Brisbane to Gladstone Yacht Race.

This year's Good Friday event (organised by the Sandgate Bayside Chamber of Commerce) is set to draw over 10,000 spectators and will feature fireworks, live entertainment and many other sights to signal the start of the race — such as a cannon fired at the end of the pier.

Bill Golan, President of the Sandgate Bayside Chamber of Commerce, said he was glad that the organisation was able to present the festival again and was anticipating stronger crowds.

"The festival is bigger and brighter this year and we are very proud to continue the tradition," Mr Golan said.

According to Kate Bishop, Executive Officer of the Sandgate Bayside Chamber of Commerce, the live entertainment schedule will feature a wide range of performers, from kid's entertainers and local talent to industry favourites and a headline tribute band.

The event provides the best absolute waterfront views for the official start of the 75th Brisbane to Gladstone race. Multihull yachts are set to start the race just off the Shorncliffe Pier, with a huge spectator flotilla of Moreton Bay classic cruisers also set to do a procession past the foreshore.

"It's an amazing experience to watch these magnificent boats in action and to witness the fire-cannon start," Ms Bishop said.

Along with an exciting side show alley, a kid's zone and beach side activities, the ferris wheel featured at last year's event will be back this time around.

Mr Golan said the Skywheel was a spectacular attraction which was set to operate in daytime and nighttime hours and would be open all Easter weekend.

"The Skywheel will be perched high on the cliffs of Upper Moora Park, offering magnificent views of the mountains right through to the ocean. As it towers over the whole of Shorncliffe, it's an iconic fixture over that weekend, Mr Golan said.

Next month we will have a full program of events for you so you can plan your day at the Bluewater Festival.

Visit the website for more information www.sandgatebayside.com.au/bluewater-festival/ and visit the team at Sandgate Guide at their stall on the day.

Bluewater Festival
Friday 7 April, 10am-7:30pm
Moora Park
65 Park Parade, Shorncliffe.





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Brisbane Seniors Online is currently looking for more new learners who are over 50 to help master computers and the internet confidently.

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Learn how to identify and avoid scams and minimise risks that have proliferated since the pandemic with very sophisticated scammers.

During coronavirus when residents have been more confined to their homes, this has resulted in the greater uptake of computers and the internet to undertake online transactions.

With the closure of shopfronts like banks and other businesses, the expansion of online shopping and home delivery, over 50s need to be confident to use technology and be able to identify scams and fraudulent activity that has cost Australians hundreds of millions of dollars a year.

Unfortunately, scammers have become more skilled at developing sophisticated scams through phone calls, emails and text.

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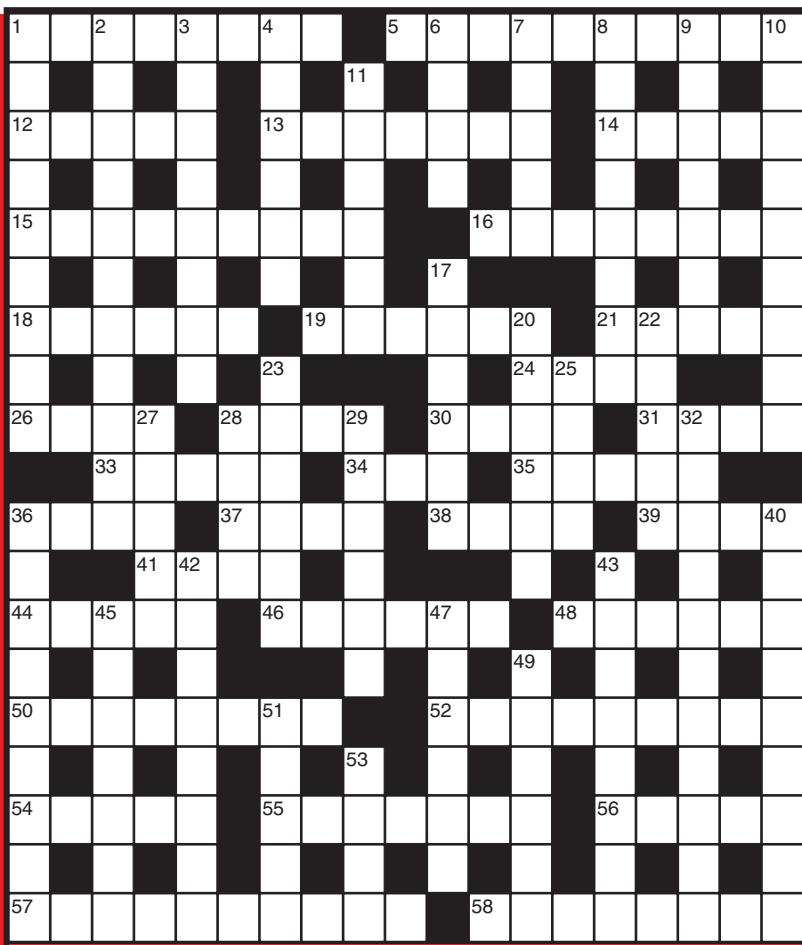
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- 5 Ensures
- 12 Ogles
- 13 Categories
- 14 Illicit affair
- 15 Exclusive right
- 16 Abusing a batsman (coll)
- 18 Pictures
- 19 Powerful
- 21 Potter's machine
- 24 Floor covering (abb)
- 26 Nervous twitches
- 28 Mistake
- 30 Pig (coll)
- 31 Potato (coll)
- 33 Up to the time of

- 34 Large Aussie bird
- 35 Audiovisual recording
- 36 Back of the neck
- 37 Region
- 38 Pastry-topped dishes
- 39 Fall
- 41 Another time
- 44 Bet
- 46 Santa's vehicle
- 48 Earlier
- 50 Solicitor
- 52 Retribution
- 54 Speculate
- 55 Daffodil's relative
- 56 Occasion
- 57 Catastrophic destruction
- 58 Deep and meaningful

DOWN

- 1 Pen
- 2 Yachting trophy (8,3)
- 3 Detests
- 4 Discharged
- 6 Beauty queen's scarf
- 7 Painter's frame
- 8 Raze (4,4)
- 9 Hero-worship
- 10 Strived
- 11 Come through (4,2)
- 17 Clears away (4,2)
- 20 Mitts
- 22 Watered (a lawn, etc)
- 23 Permits
- 25 Water bird

- 27 Lurk
- 28 Magnitude
- 29 Skinned
- 32 Leather travelling case
- 36 Retrospection
- 40 Distorted
- 42 Midwest US state
- 43 Unable to differentiate pitch (4-4)
- 45 Creative style of the 1930s (3,4)
- 47 Lose all hope (4,2)
- 49 Stag's horn
- 51 Appreciate
- 53 Responsibility

Solution: Page 28



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Amy Honsa is the new principal of Sandgate State School.

NEW PRINCIPAL GOES TO THE HEAD OF THE CLASS

STORY **BROOKE JACOBSON** PHOTO **BRUCE REDMAN**

Sandgate State School has a new principal and she's ready to celebrate with the community as the historic school reaches a significant milestone.

Amy Honsa has taken the reins at Sandgate, just in time for the school's 150th anniversary.

"I'm very excited to be here, particularly as this is such a special year," she said. "I have felt a very warm welcome from the staff, and I've been welcomed into the community.

"Our staff here engage so well with the students, and it's given them the best possible start to the year."

Mrs Honsa has returned to work after 15 months maternity leave with twin boys. Prior to that, she was principal at Bardon State School for two years.

"I've worked at Ipswich and did my country service at Kingaroy – some of the schools I've worked at have had only 36 kids," she said.

The principal said she was keen to see Sandgate students receive a good grounding in literacy and numeracy.

"This year we're developing and promoting a

whole-school approach to literacy," Mrs Honsa said. "You might have seen in the past for example one Prep class doing things one way, and another doing things differently.

"We're taking a unified approach at all levels, and the teacher aides have been appreciative of that.

"Also, it's very exciting to be able to bring in a new inclusion team to the school, that is two new inclusion teachers and a new guidance officer.

"We're all bringing a fresh lens to Sandgate to build on the work that has already been done here and honestly, I'm just really excited to give the students the opportunity to learn each day."

Sandgate State School has grown in recent years, and there are plans for further improvements to the grounds.

"We will be upgrading the junior area in the front of the school, and we plan to refurbish the pool area in the Easter holidays as well," Mrs Honsa said. Mrs Honsa added she was aware of the importance of the school to the 4017.

"With this year being the 150th, we see that as a perfect way to connect to the Sandgate community," she said. "We're keen to engage and be part of the community."



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STORY AND PHOTO **BRUCE REDMAN**

One of Shorncliffe's own gals recently took her passion for boot scootin' into country towns around Australia and along the way made a lot of people (including herself) very happy.

Claire Harris and her best mate Kate Strong (from Rockhampton), set off in March 2022 for the nine month, almost 50,000 km, road trip under the banner 'Hoedowns For Country Towns'.

"Our three main goals were to share the love of line dancing, bring communities together, and to raise money for rural charities – and we're proud to say we achieved all three," said Claire.

"We raised \$38,250 in total; including \$6800 for Aussie Helpers (Qld), \$9300 for Blue Tree Project (WA) and \$12,600 for Rural Alive and Well (Tas)".

'Hoedowns' was a serious financial risk for the girls who had met at a line dancing class in Toowoomba in mid-2018. They were determined to quit their jobs to live their shared dream to travel the whole nation with their country tunes and trusty (and often dusty) boots.

"Our biggest crowd was Westbury, Tasmania with 104 people, and our smallest was Rosebery, Tasmania with just one person showing up!" Said Claire. "Across 75 hoedowns, our average attendance was about 30 to 40 people."





Launch party, Toowoomba, early March. Photo/Lara Hildy Photography

Apart from an extensive social media following via Facebook and Instagram, the girls appeared on 'The Project' (10 Network) the Channel 7 Morning Show and were followed around by an ABC video crew for a week who were shooting for a special edition of 'Backroads' which will screen in mid-2023.

Since the conclusion of the tour last December Kate has returned to Rockhampton and Claire and her partner have headed off to Adelaide for a few years to continue her career as a journalist and events manager. But she does so with the solid promise of later heading back to Queensland "for good".

Claire believes that in many ways her love for the country came from her simple, beautiful childhood in Shorncliffe. "In my (perhaps biased) opinion there is no better place to grow up than in Shorncliffe. It feels like a country town."



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LIONS EASTER FOOD APPEAL

For the month of March, The Bracken Ridge Central Lions Club, supported by Cr Sandy Landers and Cassandra Sabb at Coronis Realty, are collecting non perishable food items to help support those doing it tough this Easter.

Anyone wishing to help support the Lions in their Easter Food Appeal endeavour are able to drop the items off to 99.7 Bridge FM at 75 Anzac Avenue, Redcliffe; the Bracken Ridge Ward Office; or at the Train Day on Sunday March 26.

On Thursday 29 March, Bracken Ridge Lions are holding an information session in the Bracken Ridge Library meeting rooms. If you have ever wanted to volunteer or even join the Lions Club, this is a great chance to find out more information and talk with members about what they do.

Easter Food Appeal

Your local community groups, 99.7 Bridge FM, The Bracken Ridge Central Lions Club, proudly supported by Cr Sandy Landers and Coronis Realty are working together to help support the local community.

Donate any non-perishable food items and we will then distribute to families who are in need of support, as well as charities and food organisations so that they can help feed those in need.

Donate at: 99.7 Bridge FM/75 Anzac Ave, Redcliffe. Monday to Saturday 9.00am to 2.00pm

Bracken Ridge Ward Office: 77 Bracken St, Bracken Ridge. Monday to Friday 9.00am to 4.30pm

Or bring them to train day on the 26 March at McPherson Park, Bracken Ridge.

Last day to donate is Monday 3 April

Anyone who donates any non-perishable food items will go in the draw to win one of five free ride passes to use at the Bracken Ridge Lions Train Day.

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DEVASTATION IN DEAGON: 12 MONTHS ON

STORY **KELLY WALKER** PHOTO **BRUCE REDMAN**

On February 27, 2022, a devastating deluge of rain forever changed the lives of many individuals and communities across Brisbane. Twelve months on, two Deagon residents reflect on that day and how they're still dealing with the aftermath.

As the water levels rose that fateful Sunday, Mick, who was renting in Deagon at the time, watched it all unfold faster than he could ever have imagined. "We initially noticed a stream of water flowing down the road," he said, "but within no time, it turned into a torrent with rubbish, branches, and bins rushing down the street. I watched the water rise in my yard and then rush under the door into the house. Within ten minutes it was up to my knees."

Nearby, another Deagon resident, Jaclyn, heard unusual noises coming from outside. "It was garbage bins floating down the street and banging into cars," she said. "It wasn't long after that we noticed that the lower level of our house was flooding."

While Jaclyn managed to turn the power off and shelter upstairs with her family, Mick fled his home and headed for higher ground. "I was able to grab a bag and make a dash for my car," he said. "The biggest challenge was figuring out where to go as most of the roads were cut off by floods. Reality soon set in that I was going to have to spend a cold, wet night in my car."

As the events of that Sunday continued to unfold, someone ended up knocking on the window of Mick's car and offered him a place to stay for the night. "I was able to have a warm shower and a home cooked meal," said Mick. "I will be forever grateful to Tim and his partner for the assistance they gave me."

Immediately following the flood, Jaclyn's family moved out of their home to allow it to dry and to get through all of the clean up. "That was a very hard time with kids and pets," she said. "We were really lucky to have fabulous friends help us get through it. However, the most frustrating part is that our home has still not been repaired. The delay is builders who never get back to us. After a full year, we really just want to be able to live in our home properly again."

Facing feelings of overwhelming devastation and loss, Mick also had to move out of his home, however, for him, it was permanent. "The damage was just as bad as expected," he said. "I lost so many belongings - including irreplaceable items from travels around the globe. Mentally it's still a struggle. I lost a great home and a wonderful community."

Through it all, both Mick and Jaclyn have an immense amount of gratitude. "Jared Cassidy and his team were super helpful," Mick said, "and many of the football players I helped coach also stepped up. Just having others there to talk with really lifted my spirits in the days immediately following the flood."

Jaclyn also has much to be grateful for. "I know there are so many other people out there still dealing with this too and we all just want to put this behind us," she said. "Our family lost a lot that night but no one was hurt - and for that we are very thankful."

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BY **BROOKE JACOBSON**

Welcoming the babies

Lilley MP Anika Wells is asking residents to register for the annual Welcoming the Babies event. If you've had a baby in the past 18 months, the free family event will be held on Sunday, April 2 at Albert Bishop Park in Nundah from 9am.

Each new baby will receive a certificate and gift bag, there will be activities for older children, and a visit from the Easter Bunny. Fit Mums and Dads can also take part in the Pram Pro Am – Running of the Babies race.

To register, go to www.anikawells.com.au and click on "community".

Share the Dignity goes state-wide

Northside charity Share the Dignity will be providing period pack vending machines at 62 state schools across Queensland. Each pack is stocked with two pads and six tampons. If you'd like to help or donate to Share the Dignity, go to: www.sharethedignity.org.au

Health and wellness for women

The Women's Business and Wellness Expo will be held on Saturday, March 11 from 10am to 4pm, at the Bracken Ridge Community Hall. Entry is \$5 and stall holders include reiki, health coaching, crystals and gifts, candles, homewares, and make-up and skincare. There will be a coffee van on site, and a free clothes swap. For more information search Facebook for: Women's Business & Wellness Expo.

Ramble on Bramble

Enjoy a morning on the foreshore as you join Laurie's Beach Walk. March's Ramble on Bramble will be held on Tuesday, March 28

from 9.30am. Meet at the old Baptist Church on Flinders Parade.

Try kitesurfing

Come and try kitesurfing at the Sandgate foreshore on Sunday, March 5 from 11am to noon. All the equipment is provided and there's no experience necessary. Meet at the Sandgate Beach, between 7th and 8th Ave. Wear clothes you can get in the water with, and bring sun cream, towel, and a change of clothing. Bookings are essential. For more information go to: www.surfconnect.com or call: 07 3137 0500.

Zumba for kids

Got a seven to 11-year-old with a ton of energy? Why not try Zumba for kids! It's a great chance for younger Zumba fans to be active and jam to their favourite music. This free event will be held on Monday, April 3 from 3.30pm to 4.30pm at Arthur Davis Park, Flinders Parade, Sandgate. Bookings essential. See www.energeticmusic.com for more information, or call Kellie on: 0418 855 946

Grow your own

Brisbane City Council has started the Grow It Local campaign. By signing up for free online, you can learn all about growing your own food at home. Watch online workshops, access 'ask an expert' sessions, connect with other local gardeners, read blogs, and discover recipes. Go to: www.brisbane.qld.gov.au to sign up for your Grow It Local account.

Would you like to contribute to Bramble Bites?

Is there something happening in the 4017 community you'd like to share? What are you talking about on social media, at the local café, or at the school gate? Email Brooke to be included in the next Bramble Bites: editor@sandgateguide.com.au



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feedback, to ensure that we deliver a modern and welcoming facility that better meets the needs of the Zillmere community," Nina said.

Deagon Ward Councillor Jared Cassidy has been campaigning for the upgrade for many years and said the community could expect to see a revitalised local library.

"The Zillmere Library has been in operation at the corner of Jennings Street for over 50 years and with the facility last upgraded in early 2008, it's great to see our local campaign deliver a positive outcome for Zillmere locals," Councillor Cassidy said.

"The new dedicated children's area is exciting news, especially for those participating in the library's popular Little Star and Gold Star reading programs.

"The Bush Tucker Garden is another great addition to the library facilities and consists of an external cultural learning space. With the help and support of recognised elders on the Northside, the gardens will focus on native plants and trees that thrive in and around Zillmere.

EXCITING NEW CHAPTER FOR ZILLMERE LIBRARY

STORY **ALYSSA MACKAY** PHOTO **BRUCE REDMAN**

Construction is currently underway at the Zillmere Library. Improvements began last month as part of Brisbane City Council's Library Refurbishment program and will include a new entrance, children's space, young adult area, carpet and furniture, as well as upgraded public toilet amenities, improved seating and a bush tucker garden.

Council's General Manager Library Services, Nina Sprake said Council was refurbishing the library to better meet the modern needs of the city's growing population and the local community.

"Council has created the plans for the Zillmere Library refurbishment using customer and staff

"It's important to also recognise the support offered by the State Government in making this aspect of the upgrade possible."

Local family, Chris and Jessie Jeffery and their children, Alicia, 7, and Joshua, 5, are regular visitors to the library.

"Jessie and I have been going to the Zillmere Library for over 30 years and both our children have been part of the Gold Star reading programs since they were born," Chris said. "We are looking forward to the new children's area along with the bush tucker garden."

During the works there will be a period of restricted access as well as complete closure for approximately two weeks.

The project is expected to be completed by the middle of the year.

For more information contact the project team on 1800 884 681 or visit www.brisbane.qld.gov.au/things-to-see-and-do/council-venues-and-precincts/council-venue-projects/zillmere-library-refurbishment



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SAVOURY PORK CHOPS

METHOD

- 4 pork chops (or adjust the recipe allowing a chop per person). Saute in a small amount of olive oil to seal. Place in single layer in a lidded casserole dish.
- Slice a medium red capsicum, 8-12 cup mushrooms and a medium brown onion.
- Saute the onion and capsicum until they start to soften then add mushrooms and continue to cook for another minute so they maintain slight firmness.
- Add curry powder. If you like a spicy dish ½ tablespoon but experiment according to taste. For a family meal or a meal where you don't want too much "heat" about ¼ tablespoon
- Add one teaspoon of mustard powder.
- Combine with vegetables allowing the spices to become aromatic
- Sprinkle in 4 tablespoons of plain flour, combine.
- Gradually add 400mls hot vegetable stock stirring constantly to give a thick sauce.
- Mix in 2 tablespoons of tomato puree and a tablespoon of Worcestershire sauce.
- Pour savoury vegetable sauce over chops.
- Cover the casserole dish and bake in the oven at 180 degrees celsius for 50 minutes if the chops are thin, up to an hour if thick.
- Serve with rice and steamed green beans, wilted baby spinach or another green vegetable of choice.



Welcome to our new 4017 monthly recipes. The lovely and talented women at the Sandgate QCWA will be contributing one of their amazing recipes each month to tempt your taste buds!

To kick off for March, Anne Jenkins has shared a recipe that was passed down to her from her father. Anne said he was an excellent cook and learnt a lot of spicy recipes in the East whilst serving in the British Navy during the war. She has never seen this recipe in a cookbook and is excited to share it with our readers. With the weather cooling in the next couple of months, we hope you enjoy Anne's dad's Savoury Pork Chops.

The Sandgate branch of the QCWA meets on the third Wednesday of each month at the Sandgate Bowls Club; and they have a casual craft day on the first Wednesday of each month at the RSL sub-branch hall in Burnett Lane. Anyone interested in joining can email Anne Jenkins at: anniej7@bigpond.com





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FACELIFT IN PROGRESS FOR ICONIC SUE'S KORNER

STORY **ALYSSA MACKAY**

The much anticipated makeover of Sue's Korner is now underway thanks to Brisbane City Council's Village Precinct Projects initiative.

Work commenced at the shopping strip on the Sandgate and Beams/Stanworth Roads intersection last month, with improvements including a footpath upgrade, improved pedestrian access, street greening, new unique seating, street furniture and creative features to improve the appearance of the precinct.

Deagon Ward Councillor Jared Cassidy said it was great to see the project come to life in the heart of Boondall.

"Since the Village Precincts Projects first began I've been advocating for Sue's Korner to be prioritised," Cr Cassidy said.

"Sue's Korner has long held a special place in Boondall having first opened in the 1950's. Named after local Jimmy Sue-Tin, who originally built and owned the complex, the Korner has been a Boondall icon for decades. Some of the Sue-Tin family still live in Boondall."

Council has invested up to \$1 million in the upgrade, which will involve tree planting, new garden beds and creative elements like decorative balustrade panels that celebrate the local character and natural environment.

The improvements were informed by community feedback, which supported accessibility

upgrades like improved pedestrian access and safety.

Cr Cassidy said many of the footpath and access points in and around the community hub were dangerous and unusable, especially for elderly community members.

"In addition to the accessibility upgrades, I'm happy to see the project include extensive planting works. This will make a huge difference, providing more shade for users and bringing a different look to the space," he said.

"Temperatures in and around the shops have always been an issue and I think many locals will notice a big difference with some greenspace and shade."

Cr Cassidy said while the business owners had done a lot to lift the look and feel of their properties, the public spaces hadn't been kept up.

"I'm really looking forward to seeing this project wrap up and have a positive effect on both the local businesses and their customers," Cr Cassidy said. "It's great to secure some real investment and action in Boondall."

The project is due to be completed by mid-2023.

To see the full Sandgate Road, Boondall Village Precinct Project Final Improvement Plan go to Council's website and search 'Village Precinct Project'.



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NEW CHURCH THRIFT SHOP NOW OPEN

STORY **ALYSSA MACKAY** PHOTOS **BRUCE REDMAN**

The Sandgate Northpoint Anglican Church has held a monthly street stall in Sandgate for many years, but now the parish has a more permanent spot to interact with the community, while also raising money for the church and local charities.

St Peter's Thrift Shop opened in Brighton last month and will be selling a range of affordable goods each Friday between 8am and 4pm.

Sandgate Northpoint priest in charge Mike Donaldson said that during COVID they had made a number of changes to the parish, including the end of Sunday worship at St Peter's.

"It was from this that the idea of a permanent thrift shop grew," Mike said. "We saw it as a way to offer much more stock and connect with the community in a new way."

The thrift shop sells a wide variety of items including clothing, books, toys, plants, household items and jewellery.

"Also, on the first Friday of the month we will offer home cooking," Mike said. "It is recommended that people get in early as it sells out very quickly."

Proceeds from the thrift shop will benefit the work of the church, as well as going towards those in need.

"For many years, the Anglican church has given financial support to local groups such as



SANDBAG and Sailability, along with Cancer Council and School Chaplaincy," Mike said. "This support will continue with the thrift shop with a monthly donation of \$400 to various charities identified by the Parish Council."

Those wishing to donate items can drop them at the shop on Fridays between 7:30am and 4:00pm. Items must be in good condition, clean and not broken. The parish has a limited capacity to collect larger items like furniture. Electrical items can be accepted and will be tested before being put on sale.

Mike said the opening day in February had been a great success and he thanked the community for their support.

"We had big crowds in the morning and afternoon and a steady flow of patrons during the day," he said. "I hope this will be the promise of good things to come."

The shop is easily accessible with the 310 bus from Sandgate stopping nearby.

**St Peter's Thrift Shop
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TEY'S TALENT FOR HANDMADE COSMETICS

STORY **ALYSSA MACKAY** PHOTO **BRUCE REDMAN**

M eet Tey, the seven-year-old Shorncliffe State School student with her own cosmetics business.

Tehya 'Tey' Lumsdon has Autism Spectrum Disorder, Sensory Processing Disorder and Attention Deficit Hyperactivity Disorder and although she has tried her hand at many different activities, it was a passion for making beauty products that sparked the idea for her business, Tey's Cosmetics.

Her mother, Amina Lumsdon said Tey had faced many difficulties with kid's activities and programs because of her neurodiversity, which sometimes resulted in her being excluded.

"However, she has recently used these diversities to develop into something positive for herself, that she can engage all of her sensory seeking and diverse qualities into her own passions and interests by developing her little beauty business that she takes so much pride in making and sharing with others," Amina said.

Tey added, "I saw a lip balm photo and said to my mummy, 'hey, I want to make lippies and sell them to people.'"

Tey's Cosmetics was launched in December last year and involves Tey hand pouring lip balms using Australian beeswax, shea butter, coconut

oil and Vitamin E oil.

Amina said Tey had always been able to engage well in activities that allowed her to safely sensory seek and explore.

"As a young child this generally meant that she enjoyed the outdoors and collecting anything from nature that she could do craft with at home," she said. "As she began to develop more sense of self with age, Tey grew an affinity for make-up, in particular lipsticks. This is when the collaboration between nature and make-up began.

"Since starting Tey's Cosmetics, it has helped Tehya have more understanding of the concept of order of operations with the process of formulations and how some ingredients can or can't be mixed with others."

Tey also makes bath soaks with Himalayan pink salt and aromatic dried flowers like lavenders, hibiscus, roses and chrysanthemums.

"It's been an activity for me to do at home that makes me happy because I like to make things for other people," Tey said.

When she's not busy making beauty products, Tey also loves horse riding and fossicking for sapphires.

For more information go to teyscosmetics.com and follow Tey's Cosmetics on Instagram.



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Mary in the front with Lorna and Lenny behind



LIFE IS SWEET FOR MARY, SANDGATE'S NEWEST CENTENARIAN

STORY **ALYSSA MACKAY** PHOTO **BRUCE REDMAN**

Regis Sandgate resident Mary Campbell will be celebrating her 100th birthday in style this month.

A pink-themed party has been planned at Shelley Inn in Shorncliffe, complete with a pink and white cake and lots of champagne.

Mary said the secret to living to 100 years old was "just the luck of the draw".

"A good diet helps, but I have a terrible sweet tooth," she said.

Mary was born on 8 March 1923 in Maryborough. She married her husband, Angus Campbell, an accountant, in 1947.

At age 14, Mary began working in retail positions, starting at Stuparts in Maryborough. She recalled seeing Neil Armstrong's moon landing when she was working at Myer in the Valley because "at the time they had televisions everywhere".

She said she also remembered "very vividly" the day war was declared in 1939. It was a Sunday night and 16-year-old Mary was out for the evening.

"Everyone just stopped what they were doing," she said, adding that she just wanted to get

home because it didn't feel right being out.

For young Mary, Friday night meant going out to the dances. Mary loved dancing and said she remembered when the jazz waltz came out and everyone was learning the steps. Angus liked to play the piano when they went out and Mary enjoyed singing along.

Angus passed away in 1999. The pair didn't have any children, however Mary said she had always had lots of friends.

In fact, Mary's oldest friends Lorna and Leonard 'Lenny' Sue-Tin will be organising Mary's birthday party this month, along with their granddaughter, Kym. Mary said she had been friends with Lorna and Lenny since the 1950s when Angus was working as their accountant.

Mary said they had a running joke where Lenny liked to introduce Lorna as his wife, and Mary as his girlfriend.

These days, Mary makes sure she is always looking her best.

"I get up in the morning and the first thing I do is get dressed and put on my makeup," she said. "One of my pet aversions is someone still wandering around in their dressing gown at 10am."

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4017 PETS ON THE PAGE

STORY **KELLY WALKER**



Winnie & Barley

WINNIE & BARLEY: Golden Retrievers Ages unknown

Hi! We're Winnie and Barley - two very energetic pups who just love living life to

the fullest in 4017. Our owners want to be sure we live a happy and active lifestyle so sometimes they take us on special visits to see Dr. Matt Sippel, owner and principal chiropractor at Coast to Country Chiropractic Sandgate. Although most of Dr. Matt's clientele are humans, he and his wife, Shari, studied extra fancy veterinary and chiropractic courses in America so they know how to treat animals like us as well. They also work with cats, guinea pigs, chickens, and even goats - but we all know that dogs are his favourite!



Mocha

MOCHA: Border Collie 2 years young

Hi! I'm Mocha and the proud new mama to 10 beautiful little pups, 9 girls and 1 boy. Aside from being a new mum, I also work at

Sandgate District State High School as a trained therapy dog. I work with my human mum, a.k.a. the school's guidance officer, to help support students and regulate their cortisol levels. It is amazing how I seem to be able to bring a smile to every student's face after I've had a little visit with them.

Although I don't like to play favourites - let's face it, I love all of the attention I get from everyone, I can occasionally be bribed with food. This may be why I'm a big fan of the school's Business Manager as she often sneaks me chicken treats.

When I'm not looking after puppies, or working at the school, I love to work off all of those treats by swimming and herding sheep.

ENERGY and JOBS PLAN

FROM THE OFFICE OF **STIRLING HINCHLIFFE**

The Palaszczuk Government has released the \$62 billion Queensland Energy and Jobs Plan. This is the biggest investment in clean energy and emissions reduction in Australia's history.

Member for Sandgate, Stirling Hinchliffe MP, told the Sandgate Guide the Queensland Energy and Jobs Plan is all about cheaper, cleaner and secure energy for Queenslanders.

"This means 70% of Queensland's energy supply will be renewable by 2032 and 80% by 2035," said Mr Hinchliffe. "As a result, carbon dioxide emissions from energy will be reduced by 90% from the electricity grid by 2035 - that's the equivalent to 38 million cars off the road!"

"We are taking decisive action on climate change, and we are doing it now."

Mr Hinchliffe added that this investment will also create 100,000 new industrial jobs in hydrogen, renewables, manufacturing and critical minerals by 2040.

"As community events have been starting back up, locals have been asking me what this means for power prices in real terms," Mr Hinchliffe commented.

"Our Plan is about putting downward pressure on household power bills, while keeping Queensland's assets in public hands."

"This is an ambitious framework which sets the Queensland economy up for the future."

"In doing so, we're securing a bright future for Queensland as the energy superpower of Australia, and the world."

For more information on the Energy and Jobs Plan, visit: statements.qld.gov.au/statements/96233

To view the plan and to find out what this means for you, visit: www.epw.qld.gov.au/__data/assets/pdf_file/0029/32987/queensland-energy-and-jobs-plan.pdf

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TOASTING TO THE TOASTMASTERS CLUB

STORY **JULIA LEWIS** PHOTO **BRUCE REDMAN**

The roots of Toastmasters dates back to the early 1900s, when a man by the name of Ralph Smedley saw the need for people in the community to increase their communication, management and leadership skills, so he started a speaking club called The Toastmasters Club.

With clubs in over 144 countries, the aim of Toastmasters is to help people become stronger leaders, and improve their management and evaluation skills. Many people join for fellowship and friendship as Toastmasters attracts a broad section of the community.

Member of Bracken Ridge Toastmasters, Heidi Degan, said the skills you learn stay with you for life.

"Toastmasters is valuable for the community because it helps people to become the best version of themselves," Heidi said. "Yes, it's public speaking, but I've found, along with other members who have said this, it's also a journey of self-realisation and life skills."

Members of Toastmasters have the opportunity to participate in competitions to showcase their skills. Although it isn't about winning, competitors find a great sense of achievement supporting each other and showcasing their newly learned skills.

Competitions are comprised of four categories.

Humorous Speeches, a funny speech about anything, International Speeches, an inspirational speech with a message, Table Topics, which is a short 2-minute impromptu speech with a topic given to you on the spot and Evaluations, which involves contestants listening to a 5-7 minute speech and then provides an evaluation.

"Competitions really are a showcase of everything that is great about Toastmasters. And for the speakers and competitors, there's nothing more encouraging than to look out and see a full audience who are all there to support you and see you achieve your goals," Heidi said.

"It's an excellent idea to attend a competition because you get to see the best of the best at each level and be inspired to join and become an excellent public speaker," Heidi said.

The Bracken Ridge Toastmasters Club has members ranging from 20 to 80 years, so whether you are wanting to gain confidence with public speaking or simply to connect with like-minded people, Toastmasters welcomes all.

The next competitions are in March and April. All welcome to attend to support.

Bracken Ridge Toastmasters Club
Meeting Times: 2nd, 4th & 5th Thursdays of each month, Phone: 07 5498 3224
Bracken Ridge Library, Visit their Facebook page: @TopoftheRidgeToastmasters



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Keeping Our Cyclists Safe

STORY **ALYSSA MACKAY**

The 4017 area has many popular cycling routes for riding enthusiasts like Brighton resident Lance Chamberlain and his friend Glen Baxter to enjoy.

However, the pair have reported many dangerous passes in the area, which they find particularly unsettling because Glen is legally blind, with only contrasting definitions (different shades of grey) by way of sight.

Glen rides on a tandem bike with Lance, who acts as the pilot up front. Lance said that unfortunately, they experienced at least one or two very close passes each week.

"For me piloting for Glen, it is really frightening to have someone pass so close, because if I need to react or not to keep both of us safe it could very easily end up with both of us being killed," Lance said. "If Glen is spooked by a pass and reacts the wrong way, we could very easily be knocked off and not necessarily from a direct hit but because of reacting to the pass."

Lance is an accredited AusCycling road and track coach and ride leader, who rides with cameras fitted at the front and rear of his bike. When

riding with Glen, he uses a Garmin Varia radar to alert him to vehicles approaching from behind.

They usually ride together three times each week.

"Our early morning go-to ride before work is a 35 kilometre ride from Carseldine to the Deviation cycle path via Bracken Ridge Road down to the Ted Smout Bridge and then back along the Sandgate foreshore, Shorncliffe and returning via Telegraph Road," Lance said.

Glen added that some of the close calls made the hairs on the back of his neck stand up.

"It is like crossing an intersection in a motor car and someone runs the red light – you nearly have a heart attack and your life flashes in front of your eyes when you realise just how close the catastrophe was and the result that could have been," he said.

"Like all motorists, cyclists have a family and loved ones to get home to. Both Lance and I have partners and children. A bit of courtesy and patience goes a long way. Let's all get along so we can get home safely."

In Queensland, you must leave at least one metre when passing a bicycle or personal mobility device in a 60km/hr or less zone and at least one and a half metres in a speed zone over 60km/hr.

For more information about the road rules go to streetsmarts.initiatives.qld.gov.au/sharing-the-road

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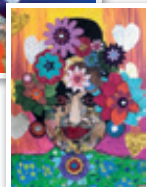
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Opening Night: Friday the 31st March from 5.30pm-8.30pm

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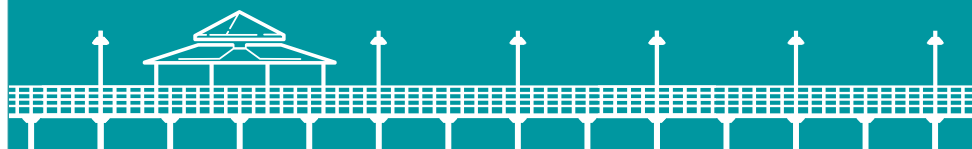
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An advertisement for Sandgate Optical. On the left, a man in a light blue shirt is partially visible. In the center, a hand holds a white business card. The card features a logo of a stylized eye with the text 'SANDGATE OPTICAL' below it. To the right of the logo, the text reads 'Sandgate Optical' and 'Geoff Grounds Optometrist'. Below this, contact information is listed: 'Ph: (07) 3269 1977', 'Fax: (07) 3869 1037', 'info@sandgateoptical.com.au', 'www.sandgateoptical.com.au', and 'U2, 9 Fifth Avenue, Sandgate Q 4017'. At the bottom of the card, it lists services: 'Spectacles • Eyetests • Contacts • Prescription Sunglasses'.

Please mention this advert, to receive 10% discount on Frame & Lens purchase*

GARDENING WITH SALLY



Organic Gardening in March

STORY **SALLY EBERHARDT**

While the beginning of March can still be very hot, as we head towards Easter temperatures cool to perfect outdoor weather.

Shake off the summer lethargy and get to all those gardening jobs you have been putting off. Those weeds aren't going to pull themselves! It's time for a good old-fashioned tidy up with removal of dead and unwanted plants, tending of garden beds and checking the condition of your soil.

Healthy soil breaks up easily and is teeming with life, some microbial and some visible such as worms and bugs. If your soil is compacted or leached, add some organic matter eg organic mulch or garden mix, and organic fertilizer. These will improve the structure of the soil, drainage, and the amount of nutrition available to your plants. Healthy soil yields healthy plants.

This is the ideal time to plant a cornucopia of vegetables along with some strawberry runners or plants. Your hard work will pay off with a bountiful harvest during the cooler months. Few things are more delightful than growing, picking, and eating your own fresh produce.

What to plant now –tomatoes, capsicum, eggplant, lettuce, carrot, beetroot, silverbeet, beans, peas, zucchini, broccoli, cabbage, garlic, onion and cauliflower.

March 'Unplugged' fundraiser

On March 3, Sandbag are holding a special 'Unplugged Cafe' fundraiser. There will be great entertainment by local band 'Wolf's Tales' plus several other musicians all volunteering their time to support the great work that Sandbag does in our community. For more details or to book, call 07 3269 3244

WOW program kicks off

WOW, or Women Out of (his) control Workshops begin this month on March 7. Held at Womenspace in Sandgate, these workshops are aimed at celebrating resilience through creativity for any woman who has experienced abuse. Bookings are essential. For more information call 0400 000 968

Sip and Sketch

Sip and Sketch with a difference! On Tuesday March 14 learn to draw the human form at Cafe Bohemia. For a relaxed couple of hours, the focus is on self expression rather than technique. All sketching materials are provided and light snacks and coffee is available from the cafe. BYO alcohol. For more information or to book: www.eventbrite.com.au/e/sip-sketch-life-drawing-cafe-bohemia-sandgate-tickets-473053113597

Workshopit

Based in Deagon, Workshopit have a large array of unique workshops held on a regular basis. For the month of March, try your hand at Hand Rolled Pasta Making, Metal Jewellery for beginners, Basket Weaving, Candle Making, Resin Art and many more. If you would like to see all the classes on offer this month, go to www.workshopit.com.au/our-workshops

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LOCAL
DINING
GUIDE

Three Wise Monkeys cafe



THREE WISE MONKEYS

**GREAT COFFEE,
GREAT FOOD,
GREAT SERVICE**

STORY **JULIA LEWIS**
PHOTO **BRUCE REDMAN**

You don't have to travel far to get a mouth-watering brekkie wrap with crispy bacon, or a perfectly brewed coffee, you simply have to look for the Three Wise Monkeys.

Opening in Bracken Ridge in 2018, Three Wise Monkeys Café has made its mark on the local food scene. Owned and operated by powerhouse couple, Ti and Eileen Tan, the café has quickly become a local hotspot for quality food, great coffee and exceptional service.

They boast a delicious range of home-style food, from breakfast wraps with crispy

fried bacon, to a soft-shell crab salad, keto smoked salmon brunch bowl, smoothies and fresh juices, and for those who are feeling ravenous, they have juicy, mouth-watering burgers.

A veteran in the hospitality industry, Ti worked his way up from being a dishwasher in the early 90's, to now owning and running a bustling café.

"I've been in hospitality for 30 years.

Started as a dishwasher in 1993, working my way through the kitchen to supervising restaurants on the Northside of Brisbane," Ti said. "I became manager of Jimmy's On The Mall in 2003 to 2006. While managing, my brother and myself opened our own restaurants in Brisbane city, Coorparoo and Morningside called That Noodle Place from 2005 till 2010."

After selling out, Ti became the franchise partner of Noodle Box in Bracken Ridge, and is now the proud owner of Three Wise Monkeys Café, which he named as a nod to his culture.

"The name comes from my heritage and my beliefs of speaking no evil, seeing no evil and hearing no evil. And I was born in the year of the Monkey of the Chinese zodiac."

The busy café employs 12 staff and is open 7 days a week. Their coffee of choice is Campos Coffee, which has proven to be a crowd favourite and when asked what their signature meal might be, Ti said they are known for their 3WMs Club Sandwich.

Just one look at this sandwich and you will understand why. Bubble Tea has also become a favourite at Three Wise Monkeys, and the couple boast being the first to introduce them to North Brisbane.

It's clear that the hard work Ti and Eileen have put into their café has paid off. People travel from near and far to sample their food and to have a good chat.

Ti's motto is "live to eat, not eat to live."

Three Wise Monkeys Cafe

Bracken Ridge Plaza

250 Telegraph Road

Bracken Ridge 4017

Open 7 Days 7:30am - 2:30pm

Dine in, takeaway, delivery.

Current Special - Weekday \$10 breakfast

To order ahead call 07 3261 6102



Local DINING GUIDE



Lower Moora Park,
Moora Park, Shorncliffe
Artisan Coffee & Gelato Bar
0450 771 884

COCOA BISCOTTI

Feature: Cocoa Biscotti is a vintage artisan coffee and gelato bar located at the historic Shorncliffe Pier. We serve exclusive di Manfredi coffee and Maleny gelato alongside a selection of pastries, biscotti and sandwiches.

Follow us on fb Cocoa Biscotti Coffee & Gelato
insta_cocoa_biscotti_for more info.



6 Knox Street, Sandgate
Coffee Shop

CYPHER COFFEE

Feature: Need a coffee hit? Craving something sweet? Maybe something savoury? Cypher Coffee has you covered! Proudly serving 'Bear Bones' specialty coffee. Come and check out our delicious range of Byron Bay cookies, Turkish toasties, and more!

Conveniently located next to Sandgate train station.
Open 7 days from 5.30am.



2 Queens Parade, Brighton
Wine Bar
0416 689 465

ECLECTEA

Feature: Expect the unexpected: everything has a story. Fresh seasonal menu, small wineries and craft breweries. Cosy, bayside atmosphere.

Opening Hours: Thurs 3-7pm, Fri - 3-9pm,
Sat/Sun 1-9pm



196 Flinders Pde, Sandgate
(opposite pool)
Seafood, Burgers & Beers
3269 6903

FLINDERS SEAFOOD & BAR

Feature: Fish on Flinders is under new management and has been rebranded. Now Flinders Seafood & Bar, come down and try out Sandgate's newest hotspot for fresh seafood, yummy burgers, barista made coffee and ice cold beers, wines and spirits.





8 Queens Parade, Brighton

Coffee Shop

0430 753 768

MOMENT BISCUITS

Feature: Moment Biscuits is a small, European-style boutique biscuit shop, a short walk from the Brighton foreshore. Pop in 7 DAYS A WEEK from 5:30am to 11:30am for freshly baked treats, artisan bread and (almond) croissants, loose leaf tea, milkshakes, iced drinks and smooth Italian coffee. Follow us on Facebook and Instagram for the latest promotions.



1 Loudon Street, Sandgate
(across from the town hall)

Breakfast, Lunch and Coffee

3269 1629

MYRTLE & BLOSSOM

Feature: Discover Sandgate's inspired new approach to casual eating. We're here to share the joy of real food and fresh local creations. Think deliciousness, delight and sustainability.

Open: Tuesday to Sunday
7.30am - 2.30pm



154 Barrett St, Bracken Ridge
Bracken Ridge Tavern

Steak & Rib House

3269 7011

PANAMA JACK'S STEAK & RIB HOUSE

Feature: Panama Jack's Steak & Rib House at The Bracken Ridge Tavern has a variety of meals to suit all tastes including our signature ribs and Nolan's Private Selection steaks from the grill.

Open 7 days from 11:30am until late.
www.thebrt.com



Preece's

6 Park Parade, Shorncliffe

**Modern Australian
& Mediterranean**

0447 265 852

PREECE'S ON THE PARK

Feature: We are a family owned café open from 5:30am to 2:30pm Monday to Friday and 5:30am to 3:00pm Saturday and Sunday.

Serving fresh Merlo coffee all day with all home made treats, a massive selection of gluten free cakes too. And not to forget, we have the BEST vanilla slice.



Local DINING GUIDE



Sinbad St, Shorncliffe

Bar Restaurant Functions

3269 4588

QUEENSLAND CRUISING YACHT CLUB

Feature: Sandgate's best kept secret right on the water. Fully licenced bar and restaurant. Modern Australian cuisine, extensive wine list and great coffee. Check out our website for opening times, events and function options. www.qcyc.com.au
All public very welcome!



7 Fourth Avenue, Sandgate

Homestyle Café

3269 0318

SALAD DAYS

Feature: Open for breakfast, lunch, coffee, milkshakes and smoothies. Specialising in homemade lasagna, quiches, pies, sandwiches, burgers, and cakes. Catering available. Dine in or take away. Wheelchair accessible.

Open Monday 9am-2pm, Tuesday to Friday 8am-2pm. Sat & Sun closed at present.



50 Keogh Street, Sandgate

Casual Dining

3609 2001

THE SANDS SOCIAL RESTAURANT & CAFE

Feature: Looking for lunch or dinner with family and friends? Visit the newest restaurant in Sandgate, located at The Sands Social. Enjoy classic club style food as well as freshly made pastas and pizzas. Café is open all day from 10am. Members discounts available. Bookings are recommended.



227 Rainbow St,
Shorncliffe

Specialty Coffee House

0413 849 814

THE WIRED OWL COFFEE CO

Feature: At The Wired Owl, we love our coffee and are sure you will too. Try our delicious House Blend or weekly rotation of single origin coffees. Tantalising treats and teas are also on the menu.





Three Wise Monkeys

Bracken Ridge Plaza, 250
Telegraph Road

Casual Dining

3261 6102 - Open 7 days

THREE WISE MONKEYS CAFÉ

Feature: Three Wise Monkeys Cafe is a local family owned Cafe serving fresh and flavourful meals and Brisbane's favourite Campos coffee.

Come visit us for our delicious, affordable meals and Northside's original bubble teas. Current weekday Breakfast Special: \$10 Bacon & eggs w baked beans or hashbrown.

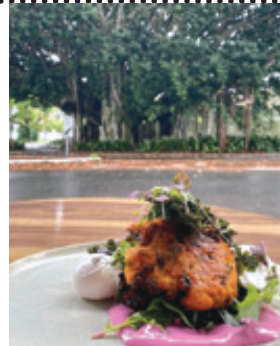


227 Rainbow St, Sandgate
Café

0413 940 277

THE WITCHIN' KITCHEN

Feature: Welcome to The Witchin' Kitchen. Owned and run by two local sisters, one an experienced chef, the other a final-year Naturopathy student. Our food is a celebration of delicious and nourishing wholefoods, that are seasonally and ethically sourced and carefully crafted into dishes to delight. Wednesday – Sunday, 7am – 1:30pm, closed Mondays and Tuesdays.



MARCH TIDE TIMES

TIME	M
1 0509	2.04
1209	0.99
WE 1734	1.50
2319	0.84

2 0617	2.11
1312	0.88
TH 1845	1.59

3 0031	0.77
0710	2.20
FR 1357	0.78
1934	1.71

4 0127	0.68
0755	2.28
SA 1435	0.71
2014	1.82

5 0211	0.59
0833	2.34
SU 1510	0.65
2048	1.91

6 0249	0.52
0908	2.39
MO 1541	0.61
2120	1.99

TIME	M
7 0325	0.48
0940	2.40
TU 1611	0.58
○ 2153	2.06

8 0400	0.47
1011	2.40
WE 1640	0.54
2227	2.12

9 0436	0.49
1040	2.36
TH 1708	0.52
2300	2.16

10 0512	0.54
1110	2.29
FR 1736	0.51
2336	2.18

11 0548	0.62
1140	2.18
SA 1803	0.53

12 0013	2.18
0627	0.71
SU 1214	2.04
1832	0.57

TIME	M
13 0054	2.17
0713	0.82
MO 1253	1.89
1907	0.62

14 0144	2.14
0813	0.91
TU 1346	1.73
1957	0.70

15 0252	2.11
0937	0.95
WE 1507	1.61
● 2111	0.76

16 0420	2.15
1116	0.89
TH 1646	1.60
2243	0.75

17 0544	2.26
1241	0.75
FR 1811	1.72

18 0007	0.65
0652	2.42
SA 1344	0.60
1917	1.88

TIME	M
19 0118	0.52
0748	2.55
SU 1435	0.47
2012	2.04

20 0218	0.40
0838	2.62
MO 1519	0.39
2100	2.17

21 0310	0.33
0922	2.62
TU 1600	0.34
2145	2.29

22 0357	0.31
1002	2.56
WE 1635	0.33
● 2226	2.37

23 0441	0.36
1041	2.44
TH 1708	0.35
2307	2.41

24 0524	0.46
1117	2.27
FR 1738	0.40
2346	2.40

TIME	M
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1152	2.08
SA 1807	0.47

26 0026	2.35
0648	0.74
SU 1228	1.87
1835	0.57

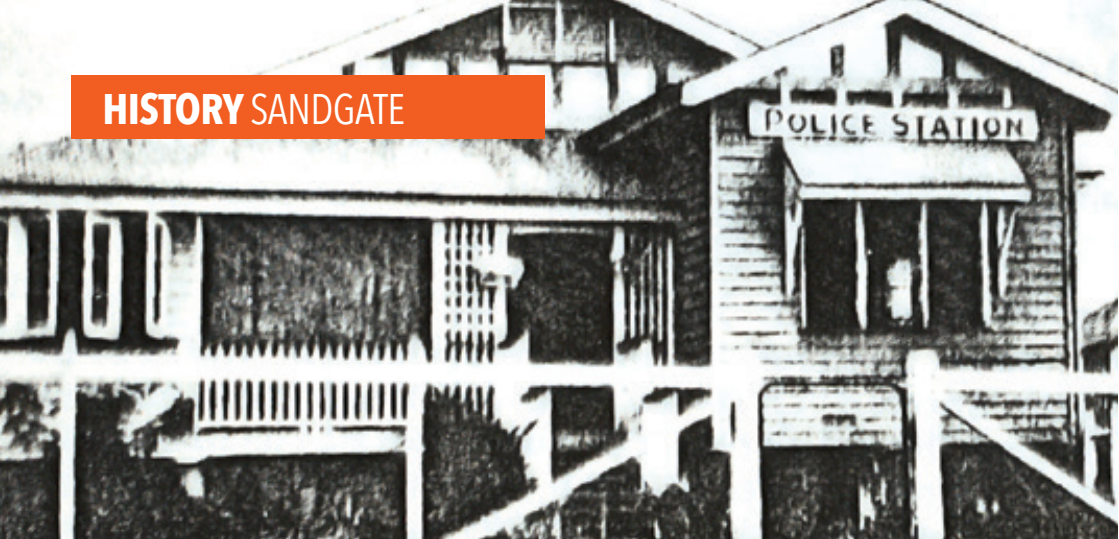
27 0107	2.26
0736	0.88
MO 1306	1.68
1908	0.70

28 0154	2.15
0837	0.99
TU 1357	1.53
1952	0.83

29 0255	2.05
1006	1.02
WE 1524	1.44
● 2100	0.94

30 0415	2.00
1132	0.97
TH 1712	1.49
2236	0.96

31 0531	2.04
1231	0.88
FR 1817	1.62
2358	0.89



Second Sandgate Police Station, Pier St, c 1928

It's a fair cop

STORY **PATTIE TANCRED**

"Crime is rarely stationary. It is either on the increase or the reverse" So opined the Brisbane Courier in 1866, from which we may deduce that little has changed in the past 150-odd years. Let's see what sorts of wrongdoing engaged the police in early Sandgate.

There was the matter of the 11 sailors who, in 1866, deserted from the steamer Legion of Honour. Having landed a stolen boat at Sandgate, these miscreants, in passing the lock-up, alerted Sergeant Brady to their presence. Brady, with Constable McClusky, pursued the fleeing deserters and caught up with them near the German Station (now Nundah) where "the formal arrest of the lot was easily enough managed". Difficulties ensued, however, thanks to the prisoners evading their captors whenever they came to a pub and "taking in a supply of grog." Undaunted, Brady and McClusky eventually succeeded in getting the, by then, inebriated seamen to Brisbane to face court.

Less successful for the Sandgate constabulary was the case of the murder, in April 1890, of Germain Dubrocca, "a French recluse of industrious habits and inoffensive disposition". He was found, with fatal head injuries, at his camp "in the Brighton Paddock". Later in the

month, the police arrested one John Rigney on suspicion of the crime, only to have him released in May, "without a stain on his character".

Embarrassingly, the magistrate castigated the police for keeping Rigney in the lockup "as it was known all along that the police had practically no evidence against him". The real perpetrator was never found.

Petty crime abounded. In 1894, Arthur Shenton, "the one-legged thief", came to Sandgate by train with the intention of begging. He solicited funds from one Thomas Harris of Deagon. When Harris refused, Shenton went to his house and stole a watch and chain. Shenton then had the misfortune to "fall into the loving arms of Constable Forrest" and was put in the lock-up. Despite Shenton's defence that he was only seeking funds to purchase a wooden leg, he was fined 20 shillings.

A case from 1889 reminds us that, in some respects, policing never changes. The Sandgate Police Court was told that the wife of Otto Ohlbrecht was forced to seek protection when he threatened to cut her throat. Police reported to the court that Otto "had been in the habit of mistreating [her] when under the influence of liquor". In policing, as in most things, everything old is new again.

With thanks to the Sandgate Historical Museum (opening hours: Sunday and Wednesday, 10am to 3pm)

Photograph: courtesy of the Queensland Police Museum

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LOCAL FACES



James Dale, Joshua Dale

SAILING INTERNATIONAL WATERS

STORY **JULIA LEWIS** PHOTO **BRUCE REDMAN**

For many, the dream of competing at an international level in sailing might seem impossible, but for local brothers, James and Joshua Dale, that dream has come true.

The brothers recently competed in the 2023 Musto Optimist National Championships in Sydney, resulting in James being selected to be part of the Australian Optimist Sailing Team, and Josh selected to be part of the Australian Junior Development Squad.

Both brothers will have the opportunity to sail at an international level and are trying to raise funds to make that dream happen.

Learning to sail at Humpybong Sailing Club and the Royal Queensland Yacht Squadron,

James, 13, said he is excited to have the opportunity to represent Australia.

"I am very proud to have made it into the Australian Optimist Sailing Team, and am excited at the prospect of competing in Abu Dhabi at the Asian and Oceanian Optimist Championships in October," James said. "My aim is to train as hard as I can between now and then to secure a top 10 position."

At just 11 years of age, Josh will be heading to Singapore where he will use the challenging weather conditions to his advantage.

"I am so excited to have the opportunity to sail in Singapore with the Australian Optimist Junior Development Squad (AODS). Singapore is known for light and shifty wind conditions which suit me as I am one of the smaller and lighter sailors."

As well as being champion sailors, the pair have started their own business to help cover the costs of sailing internationally.

"We wanted to find a way to help with the costs of sailing. We had some old ropes laying around, and decided to see if we could make bracelets," Josh said. "I then had the idea to contact some of the big famous boats in the Sydney to Hobart Yacht Race and see if they would donate some ropes. I was amazed when our first reply was from Blackjack, one of the most famous boats!"

Get Salty, Stay Cool is due to launch in March, with 10% of the profits going towards Moreton Bay based organisation, EcoMarines, which educates kids about marine conservation.

The brothers have a number of fundraisers planned, including local car washes. To find out more, visit their Facebook Page @ JamesDaleSailing.

A GoFundMe Page has also been set up. Visit www.gofundme.com and search "Help James's Sailing Dream" to donate.

To support Get Salty, Stay Cool, visit their website www.getsaltystaycool.com or email hello@getsaltystaycool.com

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MARCH What's On.

01 WEDNESDAY

MUSIC **TRIVIA NIGHT AT THE POSTIE**
Sandgate Post Office Hotel 6:30pm

03 FRIDAY



MUSIC **THE DO DAHS DUO**
Full Moon Hotel 2pm

MUSIC **TONY DEE**
EclecticTea 5pm

MUSIC **LIVE MUSIC WITH RUSSELL HUNG**
Sandgate Post Office Hotel 5:30pm

04 SATURDAY

MUSIC **WINE TASTING AT QCYC**
Queensland Cruising Yacht Club 11:30am

MUSIC **LIVE MUSIC SATURDAY'S**
QCYC 12pm

MUSIC **SATURDAY ARVO SESH W MAK & FRIENDS**
EclecticTea 5pm

MUSIC **LIVE MUSIC WITH PHIL WEST**
Sandgate Post Office Hotel 5:30pm

STAR **VIEUX FARKA TOURIE TRIO (MALI)**
Sandgate Town Hall 7:30pm

MUSIC **TRACE DUO**
Full Moon Hotel 8pm

05 SUNDAY

THUMB TACK **MAKERS & SHAKERS-STITCHER'S SOCIAL**
EclecticTea 1pm - 3pm
Makers & Shakers is an afternoon of craft with like-minded people of all ages and abilities. BYO equipment: needles, hooks, hoops, wool and yarn. Huge selection of craft beer, spirits, wine, cocktails and nibbles available. Live music all afternoon!
MUSIC **SUNDAY SOUNDS - FELLOW NOMADS**
Queensland Cruising Yacht Club 2pm

MUSIC **BEAVER**
Full Moon Hotel 2pm

MUSIC **DENNIS COMINO**
Bluenose Betty 3pm

07 TUESDAY

MUSIC **TRIVIA TUESDAYS 2023**
The Sands Social 7pm

FULL MOON
Rise Time: 6.18pm



08 WEDNESDAY

MUSIC **TRIVIA NIGHT AT THE POSTIE**
Sandgate Post Office Hotel 6:30pm

10 FRIDAY



MUSIC **LIVE MUSIC WITH PHIL WEST**
Sandgate Post Office Hotel 5:30pm

STAR **THE VICAR OF DIBLEY**
Sandgate Town Hall 7:30pm

MUSIC **MIDNIGHT GROOVE DUO**
Full Moon Hotel 8pm



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Strive to Accomplish

MUSIC **LIVE MUSIC WITH BOBBY LONGSTAFF**
11 Saturday
Sandgate Post Office
Hotel 5:30pm



11 SATURDAY

MUSIC **LIVE MUSIC SATURDAY'S**
QCYC 12pm

MUSIC **SATURDAY SESH W TRINITY MARSH**
EclecTea 5pm

MUSIC **LIVE MUSIC WITH BOBBY LONGSTAFF**
Sandgate Post Office Hotel 5:30pm

STAR **THE VICAR OF DIBLEY**
Sandgate Town Hall 7:30pm

MUSIC **TRACE DUO**
Full Moon Hotel 8pm

12 SUNDAY

MUSIC **LIVE MUSIC WITH ELSKA**
Sandgate Post Office Hotel 1pm

MUSIC **BAM DUO**
Full Moon Hotel 2pm

MUSIC **LIAM BRYANT**
Bluenose Betty 3pm

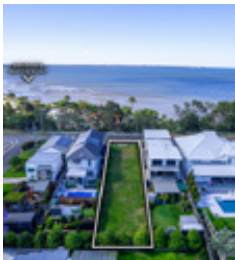
14 TUESDAY

MUSIC **TRIVIA TUESDAYS 2023**
The Sands Social 7pm





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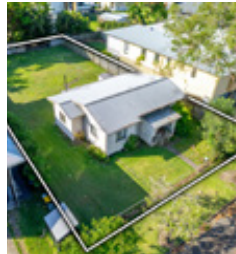
66 Victoria Street,
Brighton, 4017



\$1,250,000

**MODERN BEACH
HOUSE**

34 Ninth Ave,
Sandgate, 4017



\$900,000

**DOUBLE-LOT
810m2**

39 Scott Street,
Deagon, 4017



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15 WEDNESDAY

MUSIC **TRIVIA NIGHT AT THE POSTIE**
Sandgate Post Office Hotel 6:30pm

17 FRIDAY



MUSIC **MARK WEARE**
Full Moon Hotel 1pm

MUSIC **LIVE MUSIC WITH RUSSELL HUNG**
Sandgate Post Office Hotel 5:30pm

STAR **THE VICAR OF DIBLEY**
Sandgate Town Hall 7:30pm

MUSIC **CAPTAIN THUNDERBOLT**
Full Moon Hotel 8pm

18 SATURDAY

MUSIC **LIVE MUSIC SATURDAY'S**
QCYC 12pm

MUSIC **FTFOI & SOMETIMES NOBODY**
EclecTea 5pm

MUSIC **LIVE MUSIC WITH HARRY J HART**
Sandgate Post Office Hotel 5:30pm



MUSIC **THE DO DAHS DUO**
Full Moon Hotel 8pm

19 SUNDAY

MUSIC **DANIEL STONEMAN DUO**
Full Moon Hotel 2pm

MUSIC **SUNDAY SOUNDS - IPSO FACTO**
Queensland Cruising Yacht Club 2pm

STAR **THE VICAR OF DIBLEY**
Sandgate Town Hall 2pm

MUSIC **MAT MCCOUT**
Bluenose Betty 3pm

21 TUESDAY

MUSIC **TRIVIA TUESDAYS 2023**
The Sands Social 7pm

22 WEDNESDAY

MUSIC **TRIVIA NIGHT AT THE POSTIE**
Sandgate Post Office Hotel 6:30pm

24 FRIDAY



MUSIC **LIVE MUSIC WITH RUSSELL HUNG**
Sandgate Post Office Hotel 5:30pm

STAR **THE VICAR OF DIBLEY**
Sandgate Town Hall 7:30pm

MUSIC **MIDNIGHT GROOVE DUO**
Full Moon Hotel 8pm

25 SATURDAY

MUSIC **LIVE MUSIC SATURDAY'S**
QCYC 12pm

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MUSIC **LIVE MUSIC WITH MATTY ROGERS**
25 Saturday
Sandgate Post Office
Hotel 5:30pm

26 Sunday
Sandgate Post
Office Hotel 1pm

MUSIC **LIVE MUSIC WITH MATTY ROGERS**
Sandgate Post Office Hotel 5:30pm

STAR **THE VICAR OF DIBLEY**
Sandgate Town Hall 7:30pm

MUSIC **BAM DUO**
Full Moon Hotel 8pm

26 SUNDAY

MUSIC **LIVE MUSIC WITH MATTY ROGERS**
Sandgate Post Office Hotel 1pm

MUSIC **MATTY CLARK DUO**
Full Moon Hotel 2pm

MUSIC **SUNDAY SOUNDS - RUSSEL BAYNE**
Queensland Cruising Yacht Club 2pm

STAR **THE VICAR OF DIBLEY**
Sandgate Town Hall 2pm

MUSIC **AMY KATE**
Bluenose Betty 3pm

28 TUESDAY

MUSIC **TRIVIA TUESDAYS 2023**
The Sands Social 7pm

29 WEDNESDAY

MUSIC **TRIVIA NIGHT AT THE POSTIE**
Sandgate Post Office Hotel 6:30pm

30 THURSDAY

MUSIC **OPEN MIC NIGHT AT QCYC**
QCYC 7pm

31 FRIDAY



MUSIC **LIVE MUSIC WITH WOLF'S TALES**
Sandgate Post Office Hotel 5:30pm

STAR **THE VICAR OF DIBLEY**
Sandgate Town Hall 7:30pm

MUSIC **DANIEL STONEMAN DUO**
Full Moon Hotel 8pm

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Gary and Vanessa



ANTMAN & THE WASP: QUANTUMANIA

IMAGINE 'HONEY I SHRUNK THE KIDS' BUT TIMES A TRILLION

STORY @WATCHITWOMBAT

When an experiment doesn't go to plan, the entire 'Ant-Fam' is shrunk down so small that they're transported to "The Quantum Realm, a reality where all concepts of time and space become irrelevant as they shrink for all eternity". However, don't get too hung up on the premise, they're basically stuck in a different dimension and have to escape before a time travelling conquerer destroys them and alternate timelines across the universe.

This is the start of a new phase for Marvel and it takes quite a novel approach, setting pretty much the entire film in 'The Quantum Realm'. I was fully immersed in this colourful world of strange creatures and unknown possibilities, introducing new characters who are fun with not much time wasted on giving them intricate backstories. Instead, they are provided with little quirks and foibles to make them more endearing when they take on the bad guys.

Paul Rudd and Evangeline Lilly are great as the titular Antman and Wasp, being their

typical lovable selves, not really pushing any emotional range or busting their acting chops. But for me it's the other female leads, Michelle Pfeiffer and Kathryn Newton who are more interesting to watch. They have a bigger role to play and are given some of the better lines and action sequences to play with.

Jonathan Majors is the villain of the piece as Kang, bringing a great subtlety to his bad guy role, with restraint that isn't often seen in action movies. Although sometimes he plays it so cool, you almost wish he would come out on top.

Like the majority of Marvel movies it's pretty special effects heavy but it's done in a way that really adds to the world building. You don't need to have seen the previous Ant-Man films but it will make the story that much richer. Overall, this is a fun family film about interdimensional time travel that should keep both kids and big kids entertained. Make sure to stay around for the two extra end credit scenes.

Ant-Man and the Wasp: Quantumania, in cinemas now

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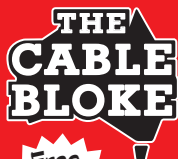
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